



APPETIZERS

CHARCUTERIE BOARD 24-
Local & Imported Cheeses,
Selection of Cured Meat,
House-Made Jam, Olives, Crostini

CALAMARI 14-
Crispy Banana Peppers,
Green Onions,
Tzatziki Dip

EDAMAME (V) 11-
Salt and Pepper, Poke Sauce

MUSSELS BY THE POUND 17-
Choice of Garlic Cream or
Thai Red Curry, Garlic Toast

DRY RIBS 13-
Bone-in Pork Ribs, Garlic, Sea Salt,
Cracked Pepper

BRAISED CHICKEN DRUMS 15-
Crispy Chicken Drums served with Honey Garlic,
Louisiana Hot Sauce or Salt and Pepper

FRIED RISOTTO BOMBS 13-
Risotto, Mozzarella, Parmesan, Dill,
Spicy Tomato Sauce

SALADS & BOWLS

CHICKEN APPLE (GF) 18-
Spiced Grilled Chicken Breast, Field Greens, Cucumber,
Apples, Crispy Tortilla Strips, Feta Cheese, Parmesan Dressing

CLASSIC CAESAR
Full 13- Starter Size 9-
Romaine Lettuce, Aged Parmesan, Roasted Garlic Dressing

GREENS & GRAINS (GF)
Full 13- Starter Size 9-
Field Greens, Sprouted Grains, Sunflower Seeds, Beets,
Cucumber, Signature Fresh Herb Vinaigrette

WARM WINTER SALAD (GF) 18-
Grilled Halloumi Cheese, Roasted Yams, Roasted Brussel Sprouts,
Cranberries, Candied Pecans, Spinach, Black Strap Dressing

POKE BOWL 19-
Ahi Tuna, Avocado, Mango, Radish, Wonton, Green Onion,
Sushi Rice, Poke Sauce, Sesame Seeds

SANTA FE RICE BOWL (GF) 19-
Spiced Chicken Skewers, Avocado, Roasted Red Peppers, Corn,
Black Beans, Lime Drizzle, Tortilla Strips, Cilantro

**Groups of 18 people or more will have an 18% automatic gratuity added*



MAINS

AAA SIRLOIN STEAK (GF) 25-

6oz. Capped Sirloin Steak, Sautéed Mushrooms,
Feature Potato, Seasonal Vegetables

CHORIZO PRAWN PASTA 19-

Fresh Pasta Noodles, Chorizo Sausage,
Sautéed Prawns, Spinach, Parmesan,
Spicy Rosé Sauce, Garlic Toast

FISH TACOS 17-

Two Soft Flour Tortillas, Blackened Haddock,
Cabbage Pico de Gallo, Spicy Avocado,
Cilantro, Sriracha Sauce

SPICY GINGER BEEF 18-

Ginger Beef, Coconut Basmati Rice,
Crispy Wontons, Broccoli, Green Onions,
Bell Peppers, Carrots, Garbanzo Beans, Cilantro

PAELLA (GF) 25-

Tiger Prawns, Blackened Haddock,
Chorizo Sausage, Mussels,
Coconut Basmati Rice, Saffron

AHI TUNA STEAK (GF) 25-

Seared Ahi Tuna, Local Greens, Beets,
Garbanzo Beans, Yam Gnocchi, Basil Drizzle

FISH & CHIPS

Pub Style Battered Cod,
Coleslaw, Tartar Sauce
Two Piece 18- / Extra Piece 5-

FILLET OF HALIBUT 30-

House-made Risotto, Lemon Basil Sauce,
Seasonal Vegetables

CANADIAN PORK BACK STACK (GF) 22-

One pound of Canadian Honey Garlic Rib Bones,
Feature Potato, Seasonal Vegetables

FORNO JERK CHICKEN (GF) 24-

Forno Roasted 1/2 Chicken, Jamaican Beans
and Rice, Seasonal Vegetables



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PIZZAS

SMALL (11") 19-

LARGE (15") 27-

SICILIAN PIZZA

Capicola, Artichoke, Tomato,
Green Onion, Mozzarella, Parmesan,
Basil Pesto Sauce

HAM & PINEAPPLE PIZZA

Ham, Pineapple, Mozzarella,
Cheddar, Tomato Sauce

ALL MEAT PIZZA

Genoa Salami, Chorizo, Capicola,
Mozzarella, Tomato Sauce

B-L-T PIZZA

Bacon, Fresh Arugula, Tomato, Mozzarella,
Cheddar, Parmesan Ranch Drizzle,
Spicy Tomato Sauce

FALL HARVEST PIZZA (V)

Beet Purée, Roasted Yam, Caramelized Onion,
Spinach, Corn, Vegan Feta Cheese

GREEK PIZZA

Fresh Spinach, Roasted Peppers, Tomato,
Kalamata Olives, Red Onion, Mozzarella,
Feta, Spicy Tomato Sauce

BURGERS & SANDWICHES

All Beef Burgers Served on a Brioche Bun with Signature
Sauce, Arugula, Tomato, Red Onion, Pickle and Side of Fries

BACON CHEDDAR BURGER 18-

6 oz. Fresh Prime Chuck Beef,
Thick Cut Smoked Bacon, Cheddar Cheese

SWISS MUSHROOM BURGER 18-

6 oz. Fresh Prime Chuck Beef,
Sautéed Mushrooms, Swiss Cheese

BLUE CHEESE BURGER 18-

6 oz. Fresh Prime Chuck Beef,
Poplar Grove Tiger Blue Cheese

BEYOND BELIEF VEGAN BURGER (V) 17-

100% Plant Protein Beyond Burger Patty,
Ciabatta Bun

LOUISIANA CHICKEN BURGER 17-

Tempura Fried Chicken, Sweet Chili Mayo

GRILLED HALLOUMI PANINI 16 -

Halloumi Cheese, Roasted Red Pepper,
Sun-Dried Tomatoes, Spinach, Pesto Mayo

GRILLED CHICKEN CLUB 17-

Grilled Chicken Breast, Thick Cut Smoked Bacon,
Cheddar Cheese, Arugula, Tomato,
Signature Sauce, Ciabatta Bun

Upgrade to Truffle Shoestring Fries, Yam Fries,

Onion Rings, Greens, Caesar Salad
or Bowl of Soup 2-

KIDS

Ages 10 and Under

FORNO HAM AND PINEAPPLE PIZZA 8-

ONE PIECE FISH AND CHIPS 9-

Battered Cod, Choice of Side*

CHICKEN FINGERS 8-

Plum, Honey Mustard, Chipotle BBQ or
Parmesan Ranch Dip, Choice of Side*

TOMATO PASTA 8-

Noodles, Tomato Sauce,

Parmesan Cheese

Add Grilled Chicken 4-

GRILLED CHICKEN SKEWERS (GF) 8-

With Choice of Side*

*Side options: Shoestring Fries, Veggies and Dip, Caesar Salad, Fresh Fruit



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BREAKFAST

**Breakfast is served daily from 7:00 am – 10:30 am*

BACON & EGGS 13-

Two Farm Fresh Eggs, Thick-Cut Smoked Bacon,
Pan Fried Potatoes, Toast

BANNOCK PANCAKES 13-

3 Traditional Fried Bannock Pancakes,
Thick-Cut Smoked Bacon, Peach Compote

AVOCADO TOAST 15-

Rustic Olive Toast, Avocado, Poached Eggs,
Tomato Bruschetta, Arugula

BREAKFAST PIZZA 15-

Italian Sausage, Scrambled Eggs, Potato,
Mozzarella Cheese, Tomatoes, Arugula, Hollandaise

EGGS BENEDICT

Two Farm Fresh Poached Eggs, English Muffin, Choice of Pan Fried Potatoes or House Greens

HUEVOS 15-

Spicy Chorizo, Avocado,
Lime Hollandaise, Cilantro

CLASSIC 13-

Ham, Hollandaise

MORNING GRAIN BREAKFAST JAR (GF) 8-

Warm Peaches & Cream, Farro, Cranberries

OATMEAL (GF) 10-

Peach Compote or Apple Cinnamon, Served with Milk and Brown Sugar

DESSERTS

GELATO (GF) 4-

Warm Peach Compote served over Vanilla Gelato

NEW YORK STYLE CHEESECAKE 8-

Choice of Peach or Berry Compote

BAKED APPLE PIE 8-

Served with Whipped Cream